



and the bread that I shall give
is my flesh, for the life of the world.'

Then the Jews started arguing with one
another: 'How can this man give us his

flesh to eat?' they said. Jesus replied:
'I tell you most solemnly,
if you do not eat the flesh of the Son of
Man

and drink his blood,
you will not have life in you.
Anyone who does eat my flesh and drink
my blood

has eternal life,
and I shall raise him up on the last day.
For my flesh is real food
and my blood is real drink.
He who eats my flesh and drinks my blood
lives in me
and I live in him.

As I, who am sent by the living Father,
myself draw life from the Father,
so whoever eats me will draw life from me.
This is the bread come down from heaven;
not like the bread our ancestors ate:
they are dead,
but anyone who eats this bread will live
for ever.'

Reflection by Fr Michael Tate

I once saw a young mother discreetly
breastfeeding her baby during Mass,
and thought ... 'What a wonderful
thing!' There could not be a better
illustration, a better acting out of what
Jesus says in today's Gospel: 'The one
who eats me will live.'

Of course, even mothers who find they
cannot breastfeed offer the same gift
for nine months as the baby draws its
life from the mother's body in the
womb.

This is a good analogy for what Our
Lord was teaching in today's Gospel.

'Those who eat my flesh and drink my
blood abide in me and I in them.'
Notice the very maternal language.
The risen Lord truly abides in us, we
truly abide in the risen Lord. This is as
intimate as the baby dwelling in the
womb of its mother.

Moreover, it is a Holy communion
which is both a present reality and a
foretaste and promise about our place
in God's future: 'The one who eats this
bread will live forever.'

We could pause for a moment to pray
with St Thomas Aquinas: 'Oh Sacred
Banquet in which Christ is received
and a pledge of future glory is given to
us.'

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The Living Word

The Most Holy Body and Blood of Christ, Year A

14 June 2020

First Reading Dt 8:2-3, 14-16

He gave you food which you and your ancestors did not know.

Moses said to the people: 'Remember how
the Lord your God led you for forty years in
the wilderness, to humble you, to test you
and know your inmost heart – whether you
would keep his commandments or not. He
humbled you, he made you feel hunger,
he fed you with manna which neither you
nor your fathers had known, to make you
understand that man does not live on bread
alone but that man lives on everything that
comes from the mouth of the Lord.

'Do not then forget the Lord your God who
brought you out of the land of Egypt, out
of the house of slavery: who guided you
through this vast and dreadful wilderness,
a land of fiery serpents, scorpions, thirst;
who in this waterless place brought you
water from the hardest rock; who in this
wilderness fed you with manna that your
fathers had not known.'

Responsorial Psalm

Ps 147:12-15. 19-20. R. v.12

(R.) Praise the Lord, Jerusalem.

or

(R.) Alleluia.

1. O praise the Lord, Jerusalem!
Zion, praise your God!
He has strengthened the bars of your
gates,
he has blessed the children within you. *(R.)*

2. He has established peace on your
borders,
he feeds you with finest wheat.
He sends out his word to the earth
and swiftly runs his command. *(R.)*
3. He makes his word known to Jacob,
to Israel his laws and decrees.
He has not dealt thus with other nations;
he has not taught them his decrees. *(R.)*

Second Reading 1 Cor 10:16-17

*Though we are many, we form a single body because we
share this one loaf.*

The blessing-cup that we bless is a
communion with the blood of Christ, and
the bread that we break is a communion
with the body of Christ. The fact that there is
only one loaf means that, though there are
many of us, we form a single body because
we all have a share in this one loaf.

Gospel Acclamation Jn 6:51-52

Alleluia, alleluia!

*I am the living bread from heaven,
says the Lord;
whoever eats this bread will live for ever.
Alleluia!*

Gospel Jn 6:51-58

My flesh is real food and my blood is real drink.

Jesus said to the Jews:

'I am the living bread which has come
down from heaven.
Anyone who eats this bread will live for
ever;



HOLY SPIRIT CATHOLIC PARISH, North Ryde

191 Cox's Road, North Ryde NSW 2113

Under the care of the Congregation of St. Michael the Archangel
(Michaelite Fathers)



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Michaelite Community: Fr Stan Kluk CSMA PP Fr George Gorzkowski CSMA

Community: Fr Anthony Casamento CSMA

SUNDAY MASS: Saturday 5:00pm, Sunday 8:30am, 10:00am & 5:00pm

WEEKDAY MASS: Mon 8:30am, Tues 7:00pm, Wed 8:30am, Thur 8:30am, Fri 7:00am,
Sat 8:30am. **Public Holidays 8:30am**

(Limit of 50 people each Mass. No bookings first to arrive admitted)

Reconciliation: Saturday after morning Mass or by appointment.

PARISH OFFICE HOURS: 9:00am to 3:00pm Mon – Fri

ST VINCENT DE PAUL REGIONAL HELP CENTRE: 9809 2757

Next Week: 12th Ordinary (A) Jeremiah 20:10-13; Romans 5:12-15; Matthew 10:26-33.

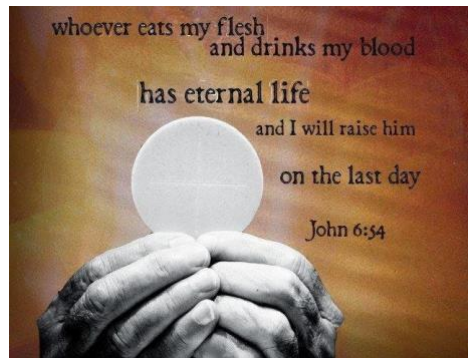
Fr Stan writes ...

Today is the Solemnity of the Most Holy Body and Blood of Christ. This day was once called Corpus Christi, which is Latin for "Body of Christ." In the revised Lectionary the name for this day is expanded to reflect more completely our Eucharistic theology. In the elements of bread and wine, Jesus' Body and Blood are truly present. When we share in the Body and Blood of Christ, Jesus himself comes to dwell within us. This communion with the Lord makes us one body, brings us eternal life, and sends us forth to be Christ's Body in the world.

We would normally celebrate the feast through our Walk with Christ procession through the streets of Sydney, but we can't gather this year because of the COVID-19 pandemic.

Archbishop Anthony Fisher OP has invited the faithful to spend some time in prayer with our Lord through Eucharistic Adoration on the Feast of Corpus Christi.

Eucharistic Adoration in our parish on the Feast of Corpus Christi will take place from 11:00am to 12 noon today, Sunday 14 June, while observing the current restrictions on gatherings (no more than 50) and maintaining physical distancing requirements.



Proclaiming the death of the Lord until He comes entails that all who take part in the Eucharist be committed to changing their lives and making them more completely Eucharistic.

Pope John Paul II

An Act of Spiritual Communion



My Jesus,
I believe that You are present in the Most Holy Sacrament.

I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there
and unite myself wholly to You.
Never permit me to be separated from You.

Amen.



Planned Giving Program

Dear parishioners, we are working on preparing our end of year letter and receipts to all who are enrolled in our Planned Giving Program. With the current situation it will be more difficult for you to collect your new set of envelopes, especially if you are not yet attending Mass. From **THIS WEEKEND**, your new set of envelopes will be available from the church foyer as usual. Your giving number will not change, so any contribution to the Planned Giving Program can be made by using an ordinary envelope and quoting your number. Thank you for your ongoing support in these difficult times. **Parish Finance Team.**

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Open Our Churches national petition

While it is pleasing to see progress made on the easing of restrictions on churches in NSW, our fellow Catholics in some other states and territories are still struggling to practice their faith under unfair restrictions at this time. You can voice your concerns directly with all the premiers and chief ministers by signing the Open Our Churches petition at this address: www.openourchurches.com.au

PRAY FOR THE SOUL OF: Immacolata Dominello, Kenny Sutherland, Craig Kooyman recently deceased.

Also, Frank & Edgar Falzon, Ignazio (Jim) Torrisi, Walter Gaspari, Charlie & Melina Bietola, Dr Raphael Panetta, Rosina & Michele Panetta, Rosa & Raffaele Fazzolari, Vincenzo & Caterina Cincotta, Mary & Sam Bietola, Frank Ientile, Maria Ientile, John, Annarita, Antonio Ientile, Natale Papandrea, Papandrea, Ientile, Cessario families, Angelo Fazzolari & Fazzolari family, Fortunato & Rosa Galluzzo & Galluzzo family, Rosina, Giuseppe, Salvatore & Bruno Panetta, Luigi, Rosina, Pasquale & Santa Genova, Mario & Dirce Gualdi, Antonino & Tindara Caravello, Alberto Tanzini, Vincenzo Surace, Giuseppe & Maria Caterina Pupo, Baby Cove Rose Pupo, Emmanuela Delia, Angelo, Carmela & Paul Scicluna, Gregory Zammit, Christopher Cissie, Pauline Zahra, Lina Maria & Joe Mallia, John Kooyman, Nunziata Pirino and the deceased members of the Mule', Carabetta, Biviano, Marcellino, Blayney, Bennett, Zammit and Zahra families.